

THE

BUZZ IN



BARRHEAD

TWO CENTS
2¢
EACH

ISSUE # 17

JULY 2024

FREE!



FCSS Youth Programs for the Summer!!

July 18

Youth (ages 10+) Summer Kick-Off Event at Cecile Martin Park at 1pm

July 24

Teddy Bear's Picnic at Rosemary Empey Park at 10am for ages 0-6, older siblings welcome! Stop by the office and chat with Savannah or Devon for information

Barrhead Community Adult Learning

Upcoming Courses:

Group English Language Class – Every Wednesday from 10am – 11:30am

For additional information please call 780-674-9643 or to register:

www.bhssa.ca/upcoming-courses or email bcial@bhssa.ca

Meals on Wheels

Did you know that Barrhead has a Meals on Wheels Program for Seniors and those who for health reasons are unable to make meals for themselves? It is only available for the Supper Hour, Monday to Friday, no weekends and not on Stat Holidays. **Effective August 1, 2024, the cost on one hot meal will be \$12.00. Starting on October 1, 2024, the meal will increase to \$14.00.** For more information or to register for the meals, please call the Barrhead HealthCare at 780-674-2221 and ask for the Kitchen.

Coming Events

July 18 - Our NEW FCSS VanGo will be taking its maiden voyage to Fort Assiniboine to the Gem's Café for lunch and then visiting the Fort Assiniboine Museum. Seats are limited. Please stop in at the office to book your spot. Cost is \$35.00 per person. We will be leaving the FCSS Office at 11am. Registration closes on July 11!!

FCSS

55+ Programs

Wednesdays:

Our Light Exercise Program in the morning and the **Coffee Connection** in the afternoon will be **taking a break** for the summer. We will return on **September 4!!**

FCSS 55+ Dinner at Barrhead Drop In Centre

Our Dinners will take a break for the summer. We will return on **September 20!** Tickets are available at the office for **\$15.00 each**

The Knights of Columbus will be catering the meal.

Volunteer Opportunities

Are you interested in becoming a volunteer?

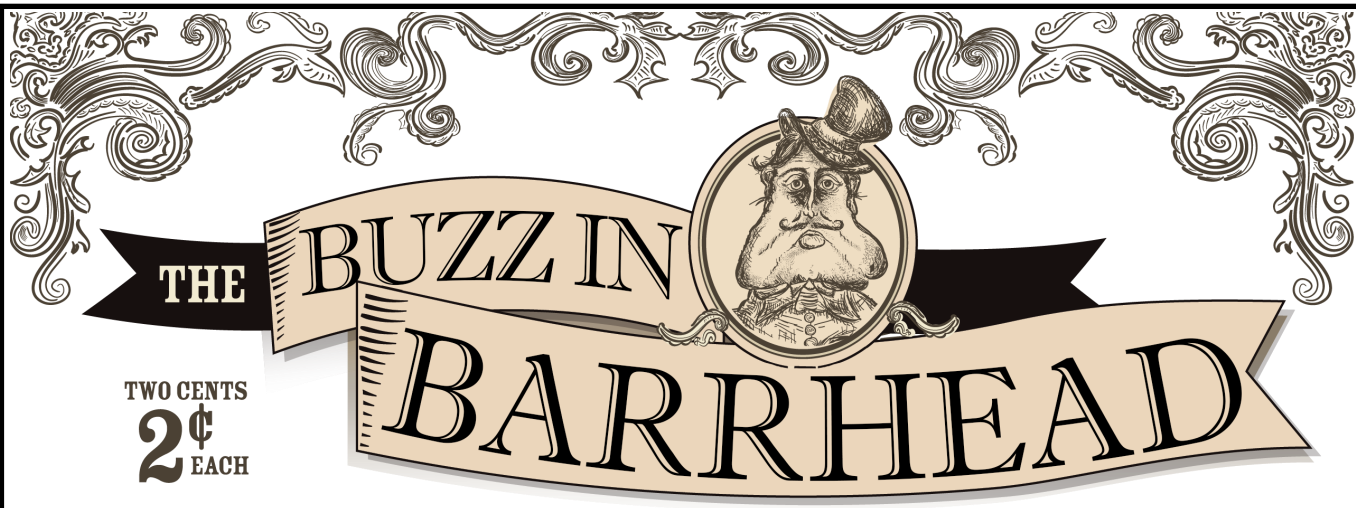
Volunteer Opportunities are always available at FCSS from volunteering with the youth programs, Meal's on Wheels (drivers), Christmas Programs, Events in the Community, Senior's Programs to the Barrhead FoodBank.

Please stop in to the office and pick up a package to get started. If you require more information, please call Rickie at 780-674-3341 project.leader@barrheadfcss.org



Check Out Our New Website!

SCAN ME



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FCSS Office
will be
closed on
Fridays
through the
summer
starting
June 28.
We
will return
to
regular office
hours on
Sept. 6

Barrhead Public Library

TD Summer Reading Club—Blasts off July 5th!

SRC is a drop-in program running every weekday in July until August 2nd! Come and explore other worlds while having a summer of imagination and fun. Return each weekday from 2-3pm for out of this world fun!!

August Summer Camps—Registration Open

Fine Arts Camp runs Aug. 12-5th and LEGO S.T.E.A.M. runs Aug. 19-22 daily from 10am-3pm. Space is limited, so register early before it fills up! More details are on the website at barrheadpubliclibrary.ca

Reading Buddies

FREE Reading mentorship program, designed to provide literary support for elementary students during the summer months. For more information and to register, please call the Library today at 780-674-8519 or drop into the library!!

Barrhead Art Club and Gallery

Feature Artist Glenice Wilson, July 5-13, 2024

A tea in Glenice's memory will be held on **July 13 from 1-4 pm at The Gallery**. Stop by and see her paintings on display and those for sale and enjoy a cup of tea in her honour!

Feature Artist Gerry Kruse, July 19-27, 2024

A tea in Gerry's memory will be held on July 20 from 1-3 pm at The Gallery. Stop by and see her paintings that will be on display and have a cup of tea in her honour!

Barrhead Art Club and Gallery
4814-53 Ave

Barrhead Town Rec

Check out the NEW Fitness Classes!!

Full Body Burn:

Tuesdays, 6:30-7:30pm

Gentle Strength Yoga:

Wednesdays, 1-2pm

55+ Silver Strong:

Fridays, 10:45-11:30am,

AquaFit Classes:

Mondays & Wednesdays
9-9:45am

Aqua Yoga:

Fridays, 9-9:45am

Pre-Register online at
www.barrhead.ca
or call 780-674-2532

FCSS Youth Programs
Chillzone -

Chillzone is on a Summer Break!

Please watch for more information for the Fall as to location and times for each program.

Watch our Facebook Page for special Youth Events in the summer!!

FCSS OFFICE HOURS: 9am-4:30pm
and open through the lunch hour
FOODBANK operates on Thursdays from 10am-3pm
Must call 780-284-7390 for a Food Bank appointment.
Office # is 780-674-3341



If you are interested in being a volunteer for the Chillzone Program, please call the office for more info. Volunteers are needed for the success of the program!!