

THE

BUZZ IN



BARRHEAD

TWO CENTS  
2¢  
EACH

ISSUE # 15

MAY 2024

FREE!



**Barrhead  
Art Club &  
Gallery**

Tip Toe into  
Watercolour -  
2 classes on  
May 7  
1 - 4pm or  
6 -9pm

\$40 Non-  
Members - \$25  
Members

Space is  
limited, please  
register with  
Sally at 780-  
674-4902

**Barrhead Community Adult Learning**

Upcoming Courses:

**May 9 from 6-8pm - Mother's Day Drawer Planter Workshop** at the Blue Heron Support Services Building. \$25 / planter with light refreshments included

**May 23 from 6pm-8:30pm - Fabric Upcycled Necklaces Workshop with Deb White** at the Blue Heron Support Services Building. \$35 / person includes wine and cheese

**May 29 from 6-8pm - Ginger Garlic Stir Fry** at the BCHS Foods Room. \$45 / person

For additional information please call 780-674-9643 or to register:  
[www.bhssa.ca/upcoming-courses](http://www.bhssa.ca/upcoming-courses) or email [bcial@bhssa.ca](mailto:bcial@bhssa.ca)

**Coming Events**

**May 10, 2024 - Barrhead Art Club and Gallery** - May's

Featured Artist is Claudette MacLean. Gallery will be open from 2 -7pm

**May 11, 2024 - Saturday Skate Park Party** at the Barrhead All-Wheel Skate Park from 12 - 5:30pm. Free Demos, training sessions with Pro skateboarders, Free BBQ Hot Dogs at Bethel Church, Free "Bike Maintenance" shop, skateboard games, contests, prize giveaways and much more!!

**May 12, 2024 - Mother's Day Floral Splash** - Mom's Swim FREE from 12pm-6pm. Carnations for Mom. Enter to win a \$75 Gift Certificate from SpaFixations

**May 27-31, 2024 - Fort Assiniboine Friendship Club and Museum Annual Pioneer Days** - If you would like to volunteer to help out with this event, please call Rosalie at 780-584-2245

**FCSS**

**55+ Programs**

**Wednesdays:**

Light Exercise at  
10:30 am

And

Coffee Connections at  
2-3:30pm,

\$3/person

Snackers & Crafters  
May 15, 2024

\$5/person, **please call  
office to register for  
craft**

**FCSS 55+  
Dinner at  
Barrhead Drop  
In  
Centre  
May 17, 2024**

Blood  
Pressure Clinic  
starts at 11am,  
Dinner at 12pm  
Catered by:  
Heart to Home  
Meals  
Speaker: Thressa  
Zilinski - Emergency  
Preparedness

Tickets available at  
the  
Office for \$15

**Volunteer Opportunities**

Are you interested in becoming a volunteer?

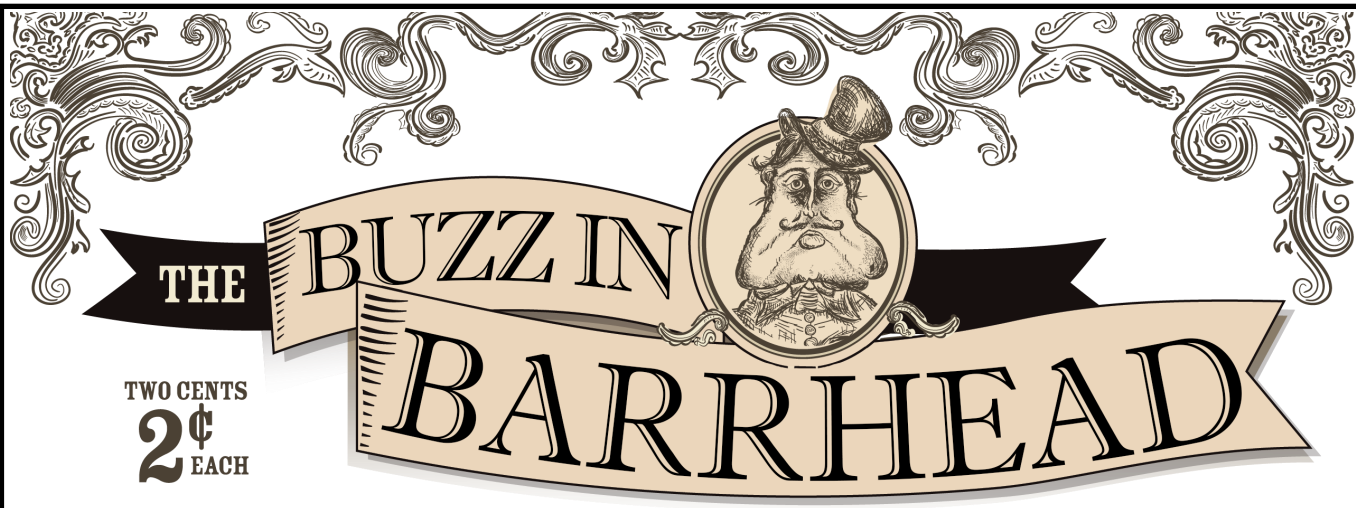
Volunteer Opportunities are always available at FCSS from volunteering with the youth programs, Meal's on Wheels (drivers), Christmas Programs, Events in the Community, Senior's Programs to the Barrhead FoodBank.

Please stop in to the office and pick up a package to get started. If you require more information, please call Rickie at 780-674-3341  
[project.leader@barrheadfcss.org](mailto:project.leader@barrheadfcss.org)



Check  
Out  
Our  
New  
Website!

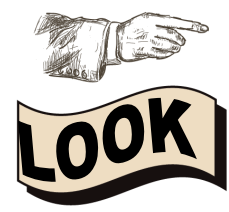
SCAN ME



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FREE!



Barrhead & District FCSS Society is very excited to have an Office now in Fort Assiniboine located in The Rec. Centre. We are in the office every Wednesday from 9am - 4:30pm.

**SAVE THE DATE!!!!**

**June 6, 2024 from 10am - 3:00pm at the Barrhead**

**Seniors Drop-In Centre**

We are celebrating Senior's Week with our first **SENIORS EXPO!!** Join us for a FREE fun-filled day of Activities, Speakers and Fellowship.

9:00 am - Registration for the day's events begins with muffins and coffee  
 10:00 am - Activities and Speakers will commence  
 Food Trucks will be on site  
 Come ready to try new activities, crafts, pickle ball, yard games, yoga, and fitness classes. **Stay tuned for more information!!**

**Barrhead & District Seniors Drop-In Centre**

**May 6, 1pm-4pm- Snip Bag and Pin Cushion** - sewing project, \$10 for members, \$20 for non-members. Call Jane at 780-284-0431. Will be held in the South Annex Room

**May 10 - Versatiles Choir** - will be participating in the Annual Seniors Choir Festival at the Westlock Memorial Hall, 9903-106 St. A lunch will follow. Versatiles will also be singing at the Hillcrest on May 16 at 2pm, Keir Care on May 17 at 2pm, Shephard's Care on May 28. Everyone welcome to all choir events!

**June 14 and 15 - Garage Sale in the Main Hall** - this will be a fundraiser for equipment and renos

**Barrhead Town Rec**

Check out the NEW Fitness Classes!!  
**Full Body Burn:**  
 Tuesdays, 6:30-7:30pm  
**Gentle Strength Yoga:**  
 Wednesdays, 1-2pm  
**55+ Silver Strong:**  
 Fridays, 10:45-11:30am,  
**AquaFit Classes:**  
 Mondays & Wednesdays  
 9-9:45am  
**Aqua Yoga:**  
 Fridays, 9-9:45am

Pre-Register online at [www.barrhead.ca](http://www.barrhead.ca) or call 780-674-2532

**FCSS Youth Programs Chillzone -**

- ◆ Tuesdays for Grades 4-6 now located at the BES Gym
  - ◆ Wednesdays for Grades 10-12
  - ◆ Art Club for Grades 7-12 every second Wednesday, both now located at the Church of God, 4611-52 Ave
  - ◆ Thursdays for Grades 7-9 At the Godberson Room in the Agrena
- Volunteers for Chillzone Programming is needed. Please call the office for more info.**

**FCSS OFFICE HOURS: 9am-4:30pm**  
 and open through the lunch hour  
**FOODBANK operates on Thursdays from 10am-3pm**  
 Must call 780-284-7390 for a Food Bank appointment.  
 Office # is 780-674-3341

