

THE

BUZZ IN



BARRHEAD

TWO CENTS
2¢
EACH

ISSUE # 21

NOVEMBER 2024

FREE!



**FCSS
Transportation**

55+ and Individuals
with Disabilities
Special Event

**Journey to
Bethlehem, Fort
Assiniboine
November 16 & 17
and
November 23 & 24**

Departing FCSS at
5pm and returning
at 9pm

Seats are limited
\$12/person

**For more info,
please contact
Rickie at
780-674-3341**

Barrhead Community Adult Learning

Upcoming Courses:

Nov. 20 – Asian Cuisine at BCHS Foods Room, 6pm, cost is \$45 each

For additional information, please call 780-674-9643 or to register:

www.bhssa.ca/upcoming-courses or email bcial@bhssa.ca

Barrhead Art Gallery—4814-53 Ave

2024/2025 Children’s Art Classes are being offered for ages 7 years or older up to Grade 6. Cost is \$15 / child per class paid in cash. Supplies are included. Two separate classes per day; 10am-12pm and 1-3pm. For more information and to register, please call Sally at 780-674-4902

Nov. 15 - Dec. 21 - Annual Fall Show - open every Friday and Saturday from 1-3pm

Nov. 16 - Gala, 6-9pm - Entertainment with wine and cheese. For members and invited guests only. For more information, please send message to artclubbarrhead@gmail.com

Barrhead & District Senior’s Drop-In Centre

Nov. 9 - 1-3pm - Winter Wonders: A Guide to Winter Bird Feeding. Cost is \$5 / adult, \$2 / child, craft (Suet Pinecone) is \$6 each

Nov. 30 - Christmas Garage Sale and Resale Market. For more info call: Elaine at 780-674-4134 or Jane at 780-283-0431

For more information, please contact: Marcia at 780-674-7922 or at

activities.bhdseiors@gmail.com

Barrhead Parks & Recreation

November Indoor Ice Happenings: beginning Nov. 1 (check the website for more info)

Nov. 6,13,20,27 - Lunchtime Yoga Classes, \$40

Nov. 12,13,14,15 - Inspire & Create PD Day Camps; 8am-4pm (pre-registration needed)

Added **AquaFit Classes**, check the pool schedule for details!

For more information, please see www.barrhead.ca or follow Barrhead Parks & Recreation on Facebook.

FCSS

55+ Programs

Wednesdays:

**Light Exercise from
10:30-11:30am –
FREE!**

**Drop-In Coffee
Connection
from 2-3:30pm –
\$3 each**

**Snackers & Crafters,
every third
Wednesday –
\$8 each, please
register at office**

**FCSS 55+
Dinner at
Barrhead
Senior Drop-In
Centre
Friday, Nov. 15/24**

Doors open at 11am for
Blood Pressure Clinic
Meal at 12pm
Caterers: Barrhead
Canadian Reformed
Church
Speaker: Karen Menshik,
Health for Success –
speaking on the benefits
of massage

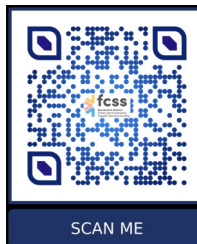
**Tickets available at
the FCSS Office
\$15.00 each**

Volunteer Opportunities

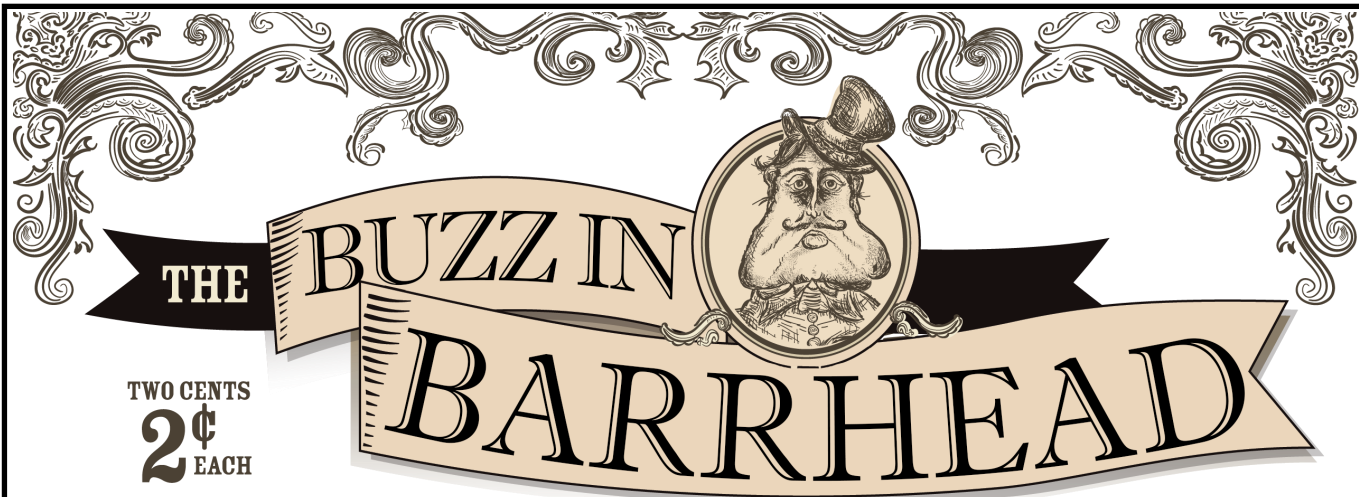
Are you interested in becoming a volunteer?

Volunteer Opportunities are always available at FCSS from volunteering with the youth programs, Meal’s on Wheels (drivers), Christmas Programs, Events in the Community, Senior’s Programs to the Barrhead FoodBank.

Please stop in to the office and pick up a package to get started. If you require more information, please call Rickie at 780-674-3341
project.leader@barrheadfcss.org



**Check
Out
Our
New
Website!**



ISSUE # 21

NOVEMBER 2024

FREE!

Barrhead Public Library



LOOK

FCSS Family Programs

Come on out and join Miss Savannah at:

- Movement & Motion;**
Nov. 6 & 20 at Bethel FLC
 - Gym Time;**
Nov. 13 & 27 at Dojo
 - Tot Time;**
Nov. 12 & 26 at FCSS
 - Baby & Me;**
Nov. 5 & 19 at FCSS
- All Family Programs run from 10-11am.
FREE!!
All programs are Drop-In Events!!

Scholastic Book Sale - November 19 to 23 - The fall book fair returns Tue. Nov. 29th with family night, purchase items this day in the library to be entered to win a prize for you and your classroom. Then running daily until Sat. Nov. 23rd. Support the library and prepare for the holidays with a good book!

Holiday Purdys Chocolatier Fundraiser - Nov. 24 - The Friends of the Library Society have begun the winter Purdys Chocolatier orders. Visit our website and order by Nov. 24th to receive your chocolates by Dec. 12th! Customer code 52525.

Shuffle & Roll Game @ the Library - Every Friday - Eager residents are looking to widen their gaming circle and the library is opening it's doors after hours to assist! Stay after 5:00 p.m. for an evening of Board Games (BE SURE TO RING THE DOORBELL). Come any play one of our many games, or games brought by other members in the community. All age groups and playgroups welcome.

More details are on the website at barrheadpubliclibrary.ca or call the library at 780-674-8519

Coming Events:

Nov. 29 - FCSS Barrhead Community Transportation 55+ and Individuals with Disabilities Special Event - St. Albert Dinner Theater. Departing FCSS at 5:15pm, Dinner at 6:45pm, Show at 8pm. Cost is \$90 per person, includes dinner/show and transportation. Reserve your spot by registering by Nov. 15 at FCSS. Seats are limited!!

Dec. 1 - Barrhead Community Christmas Dinner sponsored by Pembina West Coop - please register by calling FCSS office at 780-674-3341.

FCSS

Sagesse - Growth Circle Workshop

Peer Support Group

Developing healthy relationship skills

Building personal power and resilience

Please call Vernice or Savannah for more information at 780-674-3341

FCSS Youth Programs

Chillzone - from 3:30- 5:30pm

**Gr. 4-7 - Tuesdays
Gr. 8-12 - Wednesdays**

Chillzone will be located at Barrhead Church of God

FCSS OFFICE HOURS: 9am-4:30pm and open through the lunch hour

780-674-3341

FOODBANK operates on Thursdays from 10am-3pm

Must call 780-284-7390 for a Food Bank appointment.



NEW on Thursdays!!

Dungeons & Dragons
For grades 4-12 at FCSS Program Room from 3:30-5:30pm