



5103 – 51st Street, Barrhead, Alberta T7N 1A5 Ph. 780-674-3341

VOLUNTEER INFORMATION PACKAGE

VOLUNTEER



“We make a living by what we get, but we make a life by what we give.” — **Winston Churchill**

“Volunteers do not necessarily have the time; they just have the heart.” — **Elizabeth Andrew**

“Volunteers don’t get paid, not because they’re worthless, but because they’re priceless.” – **Sherry Anderson**

“Volunteers are love in motion!” – **Author Unknown**

About US

Barrhead & District Family & Community Support Services Society was incorporated on November 26, 1997

Our Mission: Provides preventative programs and services that strive to enhance and strengthen individuals, families, and the communities we serve.

Our Vision: All people have the opportunity to live a safe and healthy life as valued members of the communities we serve.

Volunteer Opportunities

Food Bank
Family/After School Programs
Seniors Programs
Meals on Wheels (Driver)
Compass Facilitator
In School Mentor
Special Projects
Newcomer Welcome Basket
Community/Volunteer Event Committees
Community Volunteer Inc Tax
Christmas Programs
Snow Angels
WECAN Food Basket
ChillZone
Transportation
Coats for Kids

Family and Community Support Services

Under FCSS, communities design and deliver social programs that are preventative in nature to promote and enhance well-being among individuals, families, and communities.

Programs are intended to help individuals within their communities to adopt healthy lifestyles thereby improving the quality of life and building the capacity to deal with crisis situations.

Our Volunteers help deliver programs to ensure their success.

FCSS VOLUNTEER OPPORTUNITIES

Any volunteer driving the FCSS Van or transporting FCSS Clients MUST have a driver's abstract on file.

1. Food Bank – all year

- Prepare food hampers to those who are temporarily without or in emergency situations. Food Bank hours: Thursday: 10 am – 4 pm.
- Pick up food for Food Bank with FCSS Van
- Unload, receive and organize food donations.
- Maintain records.

2. Family Resource Network – September – June

- Various programs working with families, children and Youth.
- Supervising children and youth during after school programs and day camps

3. Senior's Programs – all year

- Assist with exercise program, luncheons, cultural/educational programs, community outings and social activities.

4. Meals on Wheels – Drivers – all year

- Pick up and deliver meals in town during the week during supper hour.
- 1-2 shifts every month.

5. COMPASS Facilitator: As interest is identified

COMPASS is a support program for Caregivers:

- Organize presentations and promote and register participants for the COMPASS Program Present 2 information sessions to
- the public re: COMPASS (one during the day, one at night)
- Provide COMPASS Program to Caregivers (5 weeks; time of year decided by participants)
- COMPASS Training for Facilitators – in the spring every 2 years; Facilitators must attend.

6. Special Projects – All year

- Short-term projects, program support
- Fundraising activities, food drives and community events

7. In-School Mentor: October – June at Barrhead Elementary School

- 1 hour a week
- Mentor an elementary student, play games, arts and crafts, read, etc.

8. Newcomer Welcome Package Program – All Year

Invite the Barrhead Business community to participate:

- Coordinate collection of materials from businesses
- Assemble packages.
- Maintain stats re: newcomers.

9. Community Volunteer Income Tax Program – March – April

- Complete simple income tax returns
- Necessary skills – computer literate and good with numbers
- Must have a computer/laptop, printer and access to internet.
- Training is included to volunteer for this program.

11. Volunteer Appreciation Luncheon – April

- Participate on planning committee for Volunteer Appreciation
- Meet once a month until March; then every 2 weeks until event
- Help with Tickets, Budget, Decorations

12. Coats for Kids: (November)

- Hand out posters
- Organize coats.
- Put coats away at the end of the project.

13. Christmas Programs – November & December

Santa's Toy Box/Adopt a Family

- Set up and distribute toys.
- Purchase toys, wrapping paper, etc. as needed while maintaining budget.
- Register families, keep records of toys per family and donations collected.
- Phone clients re: pick up time/date.
- Prepare thank you notes to donors.

15. Snow Angels – October - May

- Shovel snow from walkways/driveways for the elderly, disabled or those recovering from illness.

16. WECAN Food Cooperative – Once a month - All Year

- Load, deliver, unload and organize food baskets.

17. ChillZone

- After school program for Grades 3-6, 7-9, and 10-12.

18. Transportation

- Class 4 driver's license required
- To transport 55+ and people with disabilities
- Social outings, medical appointments, etc.

****Interested?? Fill out our Volunteer Application and get the appropriate record checks and hand it in to the FCSS office when all the information is complete.**





BARRHEAD VOLUNTEER REGISTRY
Barrhead & District Family and Community Support Services Society
VOLUNTEER APPLICATION FORM

PERSONAL CONTACT INFORMATION:

Name: _____

Address: _____

Street/ PO Box Town/Province Postal Code

Phone Number: Home _____ Cell _____

Email Address: _____ DOB: _____

Emergency Contact: _____

Name Phone # Relationship to you

PERSONAL REFERENCES:

Name Phone # Relationship to you

Name Phone # Relationship to you

Do you have any health problems or restrictions that might affect your volunteer work? If 'yes' please explain:

PREVIOUS VOLUNTEER EXPERIENCE/OTHER INFORMATION:

List current and/or previous work experience:

List previous volunteer experience:

List the FCSS Volunteer Opportunity(ies) that interest you:

Please include any other information you would like us to know to help process your application:

Please note an initial interview and further paperwork will be required before your application can be approved.

The information on this form is being collected to process your application for volunteering in accordance with the Freedom of Information Privacy Act for the purpose of determining your eligibility.

X

Signature

X

Date

Office Use Only/Circle Completed Documents: Criminal Record Check Child Welfare Check Interviewed by:
