

THE BUZZ IN BARRHEAD

**TWO CENTS
2¢ EACH**

ISSUE # 25

APRIL 2025

FREE!



Coming Events:

Volunteer Appreciation - April 29 at 10:30am-1pm at Bethel Family Life Centre, tickets will go on sale April 14 at FCSS for the event to the public. Recognize volunteerism in Barrhead and see why volunteers make waves. Learn more, and review the 2025 nominations (after April 8) at: barrheadpubliclibrary.ca/News/Volunteer-Appreciation

May 1 - Barrhead Community Grief Support Group at FCSS, from 1-3pm. Every Thursday for 8 weeks, different topics, peer support based, and speakers. Please watch for more information to come.

Barrhead Community Adult Learning

April 13 - BINGO at BHSS Office; Doors open at 2pm and games start at 3pm
April 16 - Leather Workshop with Robin; 6 - 8pm, \$45 includes one bracelet and light refreshments
April 23 - Perogies, traditional and blueberry, 6 - 8pm at BCHS with Jessica; \$45 / person
May 20 - Mental Health First Aid, 9am-4pm, \$80/person
May 24 - Tailgate Market, 8am - 4pm; community garage sale and artisan market. For more info, please go to website or call the office.

www.bhssa.ca/upcoming-courses , Email - bcial@bhssa.ca or Call 780-674-9643

Barrhead Art Gallery—4814-53 Ave

Spring is almost here!! At the Barrhead Art Club and gallery we follow the ACACA policies. Although photography in it's pure form is not accepted in our gallery, a manipulated photos whose purpose is to become a work of art is. For the first time, we are accepting digital art. Our feature artist for the month of April is digital artist Theresa Muth of Fantasy Photography. Barrhead Art Club & Gallery 4814-53 Avenue Barrhead Alberta artclubbarrhead@gmail.com www.barrheadartclub.com FB Page: Barrhead Art Club & Gallery FB Group: Barrhead Art Club

Barrhead & District Senior's Drop-In Centre

All regular programs, Yoga continues on Thursdays!
 For information, please contact: Marcia at 780-674-7922 or at activities.bhdseiors@gmail.com

Barrhead Parks & Recreation

Community Easter Egg Hunt on April 19 at 11am, at Cecile Martin park.
Full Body Burn Fitness Class - Tuesdays at 6:30pm at the Barrhead Agrena.
AquaFit Classes, check the pool schedule on www.Barrhead.ca

FCSS

55+ Programs

Wednesdays:

Light Exercise every Wednesday from 10:30-11:30am - FREE! Drop-In!
Giggling Generations, different theme each month Every second Wednesday, 2-3:30pm - \$3 per adult, children are free. Please register at office
Snackers & Crafters, every third Wednesday - \$8 each, please register at office
 We are in the process of planning activities and events for the first and fourth Wednesday's. Stay tuned!

FCSS 55+ Dinner at Barrhead Senior Drop-In Centre

Friday, April 11/25

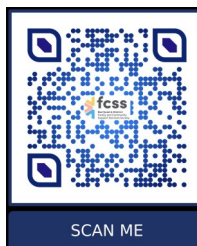
Doors open at 11am for Blood Pressure Clinic
 Meal at 12pm
 Caterers: Barrhead Christian Reformed Church
 Speaker: Pembina West Coop Pharmacy

Tickets available at the FCSS Office \$15.00 each

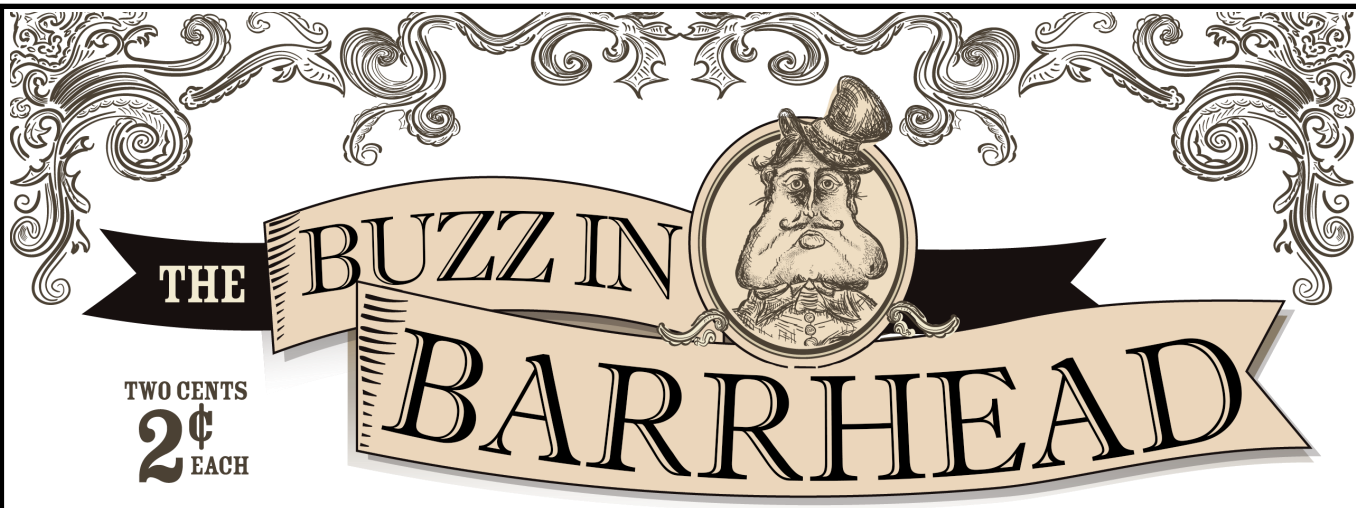
Volunteer Opportunities

Are you interested in becoming a volunteer?
 Volunteer Opportunities are always available at FCSS from volunteering with the youth programs, Meal's on Wheels (drivers), Christmas Programs, Events in the Community, Senior's Programs to the Barrhead FoodBank.

Please stop in to the office and pick up a package to get started. If you require more information, please call Rickie at 780-674-3341 project.leader@barrheadfcss.org



Check Out Our New Website!



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Barrhead Public Library



LOOK

FCSS Family Programs
Come on out and join Miss Zany at:
Movement & Motion;
Apr. 9 & 23 at Bethel FLC
Gym Time;
Apr. 2, 16 & 30 at Dojo
Tot Time;
April 8 & 22 at FCSS
Baby & Me;
Apr. 1, 15 & 29 at FCSS
All Family Programs run from 10-11am.
FREE!!
All programs are Drop-In Events!!

All-Candidate Forum - April 9 from 7-9pm at the Barrhead Legion. Join the candidates running for the Member of Parliament seat within the Peace River - Westlock - electoral district as they debate live ahead of Canada's General Election on April 28, 2025. Submit questions and learn all you need to know about the upcoming election at BarrheadPublicLibrary.ca/news/Vote
Book Club meeting - April 18 at 7pm, Get your copy of "Into the Abyss" by Carol Shaben at the library now!
Jr. Book Club meeting - April 22 at 4pm, time change just for April! Get your copy of "Dragon Kingdom of Wrenly" at the library now!
Teen Art Club - April 24, 6-8pm, \$20/person, Meeting last Thursday of every month. Teens are invited to explore artistic mediums. For more info, contact the library.
Scholastic Book Fair - April 24-30, spring book fair with Family night on April 24th. Purchase items on Thursday and be entered to win a prize for you and your classroom.
More details are on the website at barrheadpubliclibrary.ca or call the library at 780-674-8519

Sponsor a Ride – Make a Difference!

Barrhead Community Transportation is hosting a fundraiser to support individuals aged 55+ and people with disabilities. By sponsoring a ride, you help ensure they can access essential services, stay connected, and feel included in our community.
♥ Your support makes a real impact! ♥
How to Donate:
Visit our office to make a donation in person
Send an e-transfer to: donations.barrheadfcss@outlook.com
Include "Sponsor a Ride" in the message
Every contribution helps bring independence and connection to those who need it most. Thank you for making a difference!

FCSS

Sagesse - Growth Circle Workshop

Peer Support Group
Developing healthy relationship skills
Building personal power and resilience

Please call Savannah for more information at 780-674-3341

FCSS Youth Programs

May 2, Home Alone - Stay Safe! Course,
10am - 3pm
for ages 9 - 12, \$60 each
June 2, Babysitting Course,
9:30am - 4:30pm
For ages 12 years and up
Cost is \$70 each

Please call the office to register for these courses

FCSS OFFICE HOURS: 9am-4:30pm and open through the lunch hour
780-674-3341
FOODBANK operates on Thursdays from 10am-3pm
Must call 780-284-7390 for a Food Bank appointment.



Chillzone - Is cancelled until further notice, any questions, please call the office.